

# **Utilisation of low-nitrogen barley for production of distilling-quality malt**

Kirsty Black  
Martina Daute  
Athina Tziboula-Clarke  
Philip J. White  
Pietro P.M. Iannetta  
Graeme Walker

This is an Accepted Manuscript of an article published by Taylor & Francis in Journal of the American Society of Brewing Chemists on 21 August 2020, available online: <http://www.tandfonline.com/10.1080/03610470.2020.1796090>

# Utilisation of low-nitrogen barley for production of distilling-quality malt

Kirsty Black<sup>a,b,c</sup> #, Martina Daute<sup>a</sup>, Athina Tziboula-Clarke<sup>a</sup>, Philip J. White<sup>b</sup>, Pietro P.M. Iannetta<sup>b</sup>, Graeme Walker<sup>a</sup>

<sup>a</sup> Division of Engineering and Food Science, Abertay University, Dundee DD1 1HG, Scotland

<sup>b</sup> Ecological Sciences, The James Hutton Institute, Invergowrie, Dundee, DD2 5DA, Scotland

<sup>c</sup> Arbikie Distillery, Arbikie Highland Estate, Inverkeilor DD11 4UZ, Scotland

#Corresponding author: Kirsty Black [kirsty.black@arbikie.com](mailto:kirsty.black@arbikie.com)

## ORCID

Kirsty Black - 0000-0003-3053-2051

Martina Daute - 0000-0002-9973-6717

Pietro P.M. Iannetta - 0000-0002-3451-4259

Graeme Walker - 0000-0001-6438-6182

## Abstract

The potential to utilise low nitrogen barley for production of distilling quality malt was studied. This presents an opportunity to reduce the environmental impact of nitrogen fertiliser applications. Malting barley (cv. Octavia) was grown without the application of inorganic nitrogen fertiliser, to produce grain with a relatively low nitrogen concentration (1.16 %, dry weight basis). Following micro-malting trials, dextrinizing units (58 DU) obtained from low nitrogen malt were much higher than a typical specification of 45 DU for malt with a conventional nitrogen concentration (<1.5 %). A higher soluble nitrogen ratio (SNR), or index of modification (IoM), of 49 indicated greater modification of the low nitrogen barley, resulting in higher extract released into the wort. Additionally, much lower levels of  $\beta$ -glucan were found in low nitrogen malt wort (64 mg/L compared with over 100 mg/L in wort of conventional nitrogen malt). Low nitrogen malt also produced higher predicted spirit yields following wort fermentation and wash distillation. These findings indicate that lower nitrogen concentration barley can be processed without negatively impacting malt quality for distilling applications. The implication of these findings to help realise more environmentally sustainable production of barley for malting and use in distilling is also discussed briefly.

**Keywords:** barley, nitrogen, fertiliser, malting, mashing.

## Introduction

Different sectors of the alcohol industry have different malt-quality requirements resulting in different barley varieties being bred for each, whether that be for malt distilling, grain (e.g. wheat) distilling or brewing. For malt spirit distillers, the optimal grain protein concentration is considered to be 9.4 % (equivalent to 6.25 x 1.5 % nitrogen (1)) and, as protein concentration is inversely related to grain starch concentration, represents the best balance for high starch concentration and potential alcohol yield (2). Therefore, these attributes are seen as critical determinants of alcohol yield following fermentation of the malted barley wort. Grain protein concentration is the cumulative result of factors such as barley variety, soil nitrogen availability, field topography, soil type, cropping history, sowing date, nitrogen fertiliser application rate and timings, plus environmental conditions (3,4,5).

Grain nitrogen, once hydrolysed to amino acids and short peptides, is important for nutrition of yeast during fermentation, and the enzymatic modification of the endosperm (6). The two main measures of enzyme activity, dextrinizing units (DU) and diastatic power (DP), reflect the activity of  $\alpha$ -amylase and the combined activity of the starch degrading enzymes, respectively. The starch degrading enzymes consist of  $\beta$ -amylase,  $\alpha$ -amylase, limit dextrinase and  $\alpha$ -glucosidase; with DP providing a measure of mainly  $\beta$ -amylase (7).  $\alpha$ -Amylase is synthesised in the aleurone layer during endosperm modification, whereas  $\beta$ -amylase is already formed and present in the endosperm and released during the malting process. In general, the greater the degree of endosperm modification, the greater the concentration of  $\alpha$ -amylase synthesis and the more  $\beta$ -amylase released from the protein-starch matrix. With under-modification, there is the risk that  $\beta$ -amylase remains trapped in the matrix, where it is unable to breakdown starch fragments to maltose although it has been observed that temperatures of 55-60 °C during mashing can liberate bound  $\beta$ -amylase (8). Under-modification can also lead to wort separation and filtration issues due to cross linking of non-degraded cell wall components such as  $\beta$ -glucans (9).

Previous work (10, 11) has reviewed the impact of nitrogen concentration on malting performance and the properties of the wort produced. These studies showed that during the germination-phase of malting the endosperm of barley grain with lower nitrogen concentration modified more-rapidly. Consequently, while the extract quality was high, there was also lowered concentrations of soluble nitrogen, free amino nitrogen (FAN) and peptides – which are required to help optimise yeast growth and metabolism. Conversely, high nitrogen concentration was found to decrease malting performance and result in a reduced 'extract' quality, that is lower levels of saccharifiable sugars recovered in the wort solution (12, 13).

In this study, we report on the malt- and wort-qualities produced from barley grain with a low (1.16 %) nitrogen concentration compared to a typical malted barley specification and a commercially available malted barley. The low nitrogen concentration barley crop was grown without the application of inorganic nitrogenous fertiliser. Thus, these studies present an opportunity to test whether there is a relationship between the grain nitrogen concentration and alcohol yield potential. That is, if the latter is not compromised by the former, then we may speculate that less inorganic nitrogen fertiliser may be applied to lower the environmental impact of barley production without compromising malting qualities or alcohol yields.

## Materials and Methods

### Barley grain with low nitrogen concentration

*Sample collection* - Samples of barley cv. Octavia were obtained from field trials conducted at the James Hutton Institute, Invergowrie (UK, harvest 2015). The barley was grown at 100 % of the recommended seeding rate (185 kg/ha) with pre-emergence weed control, and no fertilisers or later weed control applied. Desiccant (glyphosate) was applied at maturity of the barley. Grain was cleaned and screened (> 2.5 mm mesh) prior to malting. The barley grown had a total nitrogen of 1.16 %, 2.3 % of screenings <2.5 mm, a thousand grain weight (TGW) of 50.5 g and a moisture content of 10.3%.

*Malting* - The barley samples were replicated thrice in a Steep Germination micro-malting machine (CLP) using the following malting regime: steeping 8 h wet at 12 °C, 15 h air at 16 °C, 8 h wet at 12 °C; germination 96 h at 14-16 °C; and kilning for 18 h at 70 °C.

### Control distilling malt

Distilling malt (produced from barley cv. Concerto) for comparison of fermentation performance was obtained from Brewers Select Limited (UK). The malt had a total nitrogen concentration of 1.37 % (on a dry weight basis) which is at the lower end of nitrogen concentration for a typical distilling malt. The remaining malt quality indicator values were as follows - dextrinising units: 57, diastatic power: 64.0 °Lintner ("as is"), friability: 93 %, homogeneity: 98 %, soluble nitrogen ratio: 35.7, Extract (0.7 mm, "as is"): 79 %, fermentable extract (0.7 mm): 68 %, fermentability (0.7 mm): 86.5 %,  $\beta$ -glucan: 120 mg/L. This malted barley represents a commercially available malt distilling product of conventional nitrogen concentration.

### Malt analyses

Malt analyses of the micro-malted low nitrogen concentration barley and control malt were carried out by a commercial malting company (courtesy of Bairds Malt Ltd, Arbroath, UK) using standard industry methods for good comparison with commercial practice. The parameters measured included: friability; homogeneity; whole corns; enzyme activity via measurement of diastatic power and dextrinising units; wort  $\beta$ -glucans; extract; fermentable extract; total nitrogen; soluble nitrogen; soluble nitrogen ratio (SNR); fermentability; free amino nitrogen and, predicted spirit yield (PSY). The use of a well-known commercial malting company for these analyses is important in removing laboratory variation in the assay of some parameters such as the enzymes utilised, including the substrates used to indicate presence of enzymes rather than activity.

### Fermentation performance

*Wort preparation and fermentation* - Wort was prepared using the Analytica EBC method 4.6.1 (14). Mashings were prepared in duplicate for each of the three malt samples with low nitrogen concentration (totalling 6 mashings and fermentations). Three replicate mashings were completed for the control distilling malt. All were adjusted with distilled water to a specific gravity of 1.036. Yeast (Anchor Dry strain of *Saccharomyces*

1 *cerevisiae*, Lallemand Biofuels & Distilled Spirits) was pitched at the manufacturer's  
2 recommended pitching rate (1 g dried yeast/L,  $1.85 \times 10^{10}$  viable yeast cells/g) into a Duran  
3 bottle containing 200 mL of the wort, with a headspace of 340 mL, before fermenting at 30  
4 °C, static, in a recirculating water bath (TXF200, Grant Instruments) as an incubator.  
5 Fermentation was monitored using the RF Gas Production System (ANKOM Technology) for  
6 67 hours with a pressure reading recorded every 5 minutes. The resulting gas production  
7 data was analysed using the Neural Network Function of JMP 14.1.0 64-bit version (SAS  
8 Institute Inc.) to generate the equation that represents the gas production rate based on the  
9 resulting 804 data points obtained per fermentation. Based on this the inflection points  
10 were calculated to identify the time point of maximum gas production ( $V_{max}$ , mL/h) and  
11 the initiation and termination of the exponential gas production phase. The JMP script can  
12 be found in Appendix 1.  
13  
14  
15

16 *Wort and wash analysis* - The pH (HI 208 pH meter, Hanna) and density (DMA35, Anton  
17 Parr) of the wort and the wash (fermented wort) were measured. The yeast cell count  
18 including viability (Neubauer haemocytometer) of the wash were measured according to  
19 EBC method 3.1.1.1 Haemocytometry and 3.2.1.1 Methylene Blue/Violet Stain (14).  
20  
21  
22

23 *HPLC analysis* - D-(+)-glucose ( $\geq 99.5\%$ , Sigma Life Science), D-(+)-maltose monohydrate  
24 ( $\geq 99.0\%$ , Sigma Life Science), maltotriose (93.0%, Acros Organics), glycerol (95-98%,  
25 Sigma-Aldrich) and ethanol ( $\geq 99.0\%$ , Fisher Scientific) concentrations were measured by  
26 High Performance Liquid Chromatography (HPLC). The HPLC system consisted of a SP8800  
27 ternary HPLC Pump (Spectra-Physics) equipped with a SpectraSERIES AS100 Autosampler  
28 Pump (Spectra-Physics) and a SP6040XR RI detector controller Pump (Spectra-Physics).  
29 Analyses were carried out with a ROA-Organic Acid H+ Ion Exclusion column (Phenomenex  
30 Inc) with the dimensions 300 x 7.8 mm. The detector was set at 40 °C. The mobile phase was  
31 isocratic and consisted of water with 0.0025 M sulphuric acid (95-98% A.C.S. reagent; 1 L;  
32 Sigma-Aldrich) with a flowrate of 0.6 mL/min. Before analysing samples, the system was  
33 calibrated by running a calibration line of the analytes at concentration between 20 g/L to  
34 0.3125 g/L. Xylose (99+%) (Acros Organics) at a concentration of 7.5 g/L was used as an  
35 internal standard. Samples were centrifuged at 1.500 x g for 2 min (Centrifuge 5702,  
36 Eppendorf) in a 5702/R A-4-38 rotor (Eppendorf) and filtered through a 0.45 µL syringe filter  
37 (Merck Millipore). Before injecting, samples were diluted to be in the calibrated range based  
38 on the measured gravity. Data acquisition was performed using CSW32 version 1.3.4  
39 software.  
40  
41  
42  
43  
44  
45

## 46 **Statistical Analysis**

47  
48

49 Unless stated otherwise *t*-tests were conducted using Minitab 19. One sample *t*-tests were  
50 carried out to compare malting trials to a single value from a typical malted barley  
51 specification and independent *t*-tests were performed to compare test and control malt  
52 fermentation data.  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65

## Results & Discussion

### Malting Performance

The  $\alpha$ -amylase activity of the low-nitrogen concentration malt was significantly higher than the minimum stated within the typical malt specification (DU, Table 1). As  $\alpha$ -amylase is synthesised during the malting process a high level of this enzyme synthesis, measured as DU, indicates that the malting process has proceeded as expected. In contrast,  $\beta$ -amylase is released from the latent form during the malting process. The combined activity of the DP enzymes, mainly measured as  $\beta$ -amylase (Table 1), was significantly lower ( $p < 0.01$ ) in the low-nitrogen concentration malt. This suggests that a lower level of  $\beta$ -amylase was present in the protein matrix and likely as a result of the lower nitrogen concentration. In general,  $\beta$ -amylase is considered the most important DP enzyme due to its involvement in the release of maltose sugars. Also, its activity positively correlates with DP and with protein concentration, in particular the hordein fraction (15, 16, 17). However, the fact that the low-nitrogen concentration malt was well modified was evident on comparison of the test malt parameters to that of a typical malt specification (Table 1). This confirms conclusions of previous studies that specifications for enzymes such as  $\alpha$ -amylase and  $\beta$ -amylase in malt are best set at a range of values rather than as single values (18, 19). Furthermore, measurements of friability and homogeneity (Table 1) showed that the low nitrogen-concentration malt performed as well (homogeneity) or better (friability,  $p < 0.05$ ) when compared to a typical malt specification. This indicates that the soft mealy endosperm of the barley with lower nitrogen was sufficiently modified in an even, consistent manner to produce a more friable fraction of malt. The higher soluble nitrogen ratio (SNR, soluble-/total-nitrogen), also known as index of modification (IoM) obtained from the lower nitrogen malted barley further confirmed that the test malt was well modified. Significant protease activity will hydrolyse the protein matrix of the endosperm. Indeed, the index of modification (49 %) achieved for the lower nitrogen barley appear to suggest over-modification considering malt is judged adequately with a maximum IoM of 40 % (20). In this regard it is important to note that low nitrogen malt is associated with a greater percentage of mealy grains (i.e. flour-like), whereas higher nitrogen concentration is associated with an increase in steely (i.e. hard) grains (11, 12). Mealiness and steeliness will affect the malting performance of barley during malting. Thus, the modification indicators of friability, homogeneity, whole corns and SNR are consistent with the understanding that low nitrogen-concentration grains are more likely to have a more-mealy endosperm structure and a faster malting rate (11), typically leading to better endosperm modification: as confirmed by the PSY results.

### Predicted Spirit Yield

To maximise the production of alcohol the malting process must produce a malt that has a high extract with a high degree of fermentability, resulting in a high spirit yields when processed within a distillery. Malts made from the test barley and control commercial barley were mashed in a similar way. Analysis of the wort indicated that the low nitrogen malted barley gave both higher extract results (81 %) and fermentable extract result (69 %) when compared to extract results (79 %) and fermentable extract (68%) obtained from the control malt. Again, on fermentation of the wort, the test malt also gave a higher average PSY (419 L/t) when compared to the PSY (410 L/t) obtained from the control malt (Table 1). These

1 results are consistent with reported data which found barley grain with a low nitrogen-  
2 concentration led to a higher yield of extract as a result of increased carbohydrate content  
3 and improved endosperm modification when compared to a barley with a higher nitrogen  
4 concentration (10). An important observation worth mentioning is that the lower nitrogen  
5 malted barley produced similar glucose to maltose ratio of 1:6 usually associated with elite  
6 malted barley (21). The glucose to maltose ratio found in the wort of the test malt is  
7 comparable to a ratio of 1:8 obtained from the control malt (Table 2a). This is important  
8 because a wort where glucose is in excess to maltose, some yeast strains may lose their  
9 ability to ferment maltose (22). Despite having greater maltotriose and elevated glycerol at  
10 the end of fermentation, ethanol levels did not differ between the low nitrogen-  
11 concentration and the control malts (Table 2b).  
12  
13  
14

15 FAN is important in yeast growth and performance during fermentation therefore impacts  
16 fermentation rate and the efficient flow of fermented wort (wash) from fermenters.  
17 Although the low nitrogen-concentration malt had a significantly lower FAN concentration  
18 (115.7 mg/L) than that of a typical malt (150-180 mg/L, Table 1), it was found to ferment at  
19 a faster rate (Figure 1, Table 3). It is not clear at present if the higher SNR (49) or IoM (49 %)  
20 found in the malt made from the low nitrogen barley resulted in over-modification and, if  
21 the control malt was modified to a comparable IoM, whether this difference in enzyme and  
22 fermentation performance would persist. Over-modification of malt will cause some losses  
23 of hydrolysed soluble nitrogen materials through the embryo and then to the rootlets and  
24 shoots. Notwithstanding, in the early 1970s Meilgaard (23) showed that yeast required  
25 approximately 100 mg/L of FAN for efficient fermentation to occur. Additional studies are in  
26 agreement with the results presented here (23, 24). In addition, it was also observed that  
27 barley varieties such as Chariot and Optic can produce reduced levels of FAN products, yet  
28 support similar yeast performance, indicating that specific peptides rather than total-FAN  
29 *per se* determine fermentation efficiency (25, 26). It is also important to note that both  
30 Chariot and Optic were extensively used in distilling for a long period of time. Therefore, the  
31 low nitrogen malt studied is likely to have produced peptides that were readily assimilated  
32 by yeast during fermentation bringing into question the value of FAN as a parameter to  
33 dictate malt quality and, therefore, market value. At the end of fermentation, no statistically  
34 significant differences between the low nitrogen-concentration and control malt were found  
35 for yeast cell count and viability (Table 4).  
36  
37  
38  
39  
40  
41  
42  
43

## 44 **Processability**

45 Despite the low nitrogen-concentration malt demonstrating a high PSY, incomplete  
46 breakdown of cell wall material or proteins can result in decreased extraction efficiency due  
47 to the restricted access of hydrolytic enzymes to their substrates. This can lead to an  
48 increased extract viscosity, separation and/or wort run-off issues, and insufficient FAN for  
49 yeast growth during fermentation. Beta-glucan is a critical cell wall component known to  
50 impact upon the ease of processing negatively. Although previous studies found a weak  
51 relationship between total nitrogen concentration and glucan content (9, 12, 27) similar  
52 processing issues can also be due to insufficient breakdown of cell wall material. The low  
53 nitrogen malt produced wort that contained much lower  $\beta$ -glucan concentration (64.3 mg/L,  
54 Table 1) compared to the concentrations 100 -300 mg/L usually associated with typical  
55 commercial malt (28). This observation further showed that adequate breakdown of  $\beta$ -  
56 glucan was achieved during the malting process. This observation is very important because  
57  
58  
59  
60  
61  
62  
63  
64  
65

1  $\beta$ -glucanase is not active during the mashing process (27). Again, the high friability score (as  
2 seen for the low nitrogen test malt), is a direct measure of cell wall breakdown and further  
3 confirms the faster filtration rate observed when the wort of the mashed malt made from  
4 the low nitrogen barley (results not shown). Even with a well modified malt a narrow range  
5 of modification within the batch is still important. A high homogeneity value and low whole  
6 grain percentage confirms a uniform modification and, therefore, processability.  
7

## 8 **Sustainability & Economic Viability**

9  
10  
11 Raw ingredients account for a significant portion of a spirit's carbon footprint. Lienhardt et  
12 al. (29) demonstrated that a gin made from pea based neutral spirit had a lower  
13 environmental footprint across 12 of the 14 environmental impact categories they assessed  
14 than one made from wheat. Examining the greenhouse gas (GHG) footprints of the  
15 production life cycle for a selection of spirits from the world's largest producer (Diageo), it  
16 was found that the key brand Johnnie Walker Whisky had 29 % of its GHG footprint assigned  
17 to production of raw commodity (i.e. harvested grain) compared to another four different  
18 spirits (Captain Morgan (rum) 28 %; Smirnoff (vodka), 25%; Tanqueray (gin), 25 %) (30), and  
19 likely to contain the highest malted barley content. Reducing inorganic fertiliser use for raw  
20 material production is a potential option for reducing the GHG footprint. The 244 kha of  
21 Scottish spring barley sown in 2017 (31) required the application of 27 kt of nitrogen (110  
22 kg/ha, usually as ammonium nitrate, 34.5% nitrogen. 2014-2018, 5-year mean) to achieve  
23 the desired yields (32). Accompanying this fertiliser use is a GHG footprint via the liberation  
24 of an estimated 1 t CO<sub>2</sub>e/ha (ammonium nitrate releases 9.14 kg CO<sub>2</sub>e/kg nutrient) (33). This  
25 is concomitant with pollution of soil and waterways too, via diffuse pollution of excess  
26 fertiliser-nitrogen which is leached. Growing this crop without the use of such fertiliser  
27 would not only avoid these emissions but also have a financial saving of around £20 million  
28 (based on average ammonium nitrate price £258/tonne, in August 2019) (34). The reduction  
29 in inorganic nitrogen use can, however, impact yields of cereal crop negatively, reducing the  
30 tonnage obtained per hectare. Therefore, the implications of the findings presented here is  
31 not necessarily that less nitrogenous fertiliser should be applied per se, rather that barley  
32 with a grain nitrogen concentration which is lower than industry recommended thresholds  
33 should not be rejected as a distilling feedstock. Further work is required to determine the  
34 balance between yield and inorganic fertiliser use and alternative cropping systems which  
35 rely on a higher level of organic nitrogen provision as provided, for example, by biological  
36 nitrogen fixation by legumes. Reliance upon organic legume-supported (i.e. organic nitrogen  
37 dependant) cropping need not compromise yield, and Iannetta et al. (35) has reported that  
38 this approach maximises productivity whilst minimising inorganic nitrogen use. Also,  
39 considering the environmental and social impacts of excessive nitrogen applications, it is an  
40 approach which is unlikely to remain acceptable in the longer term. This is especially true  
41 when use of 'best nitrogen management practices', as described by Good and Beatty (36),  
42 indicate that it is possible to reduce global applications rates by 20%, mainly in more  
43 'developed' regions of the world, where high-input inorganic practices are the convention.  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65



## Conclusion

This study compared the malting and fermentability characteristics of a barley cultivar (Octavia) grown without added nitrogenous fertilisers. Octavia is of particular commercial relevance and credibility to major whisky producers. Concerto, another commercially significant barley variety, was cultivated more conventionally and its resultant higher nitrogen malt was judged to be a suitable comparator for distilling applications. It is salient to note that while the malting barley cultivar tested here is one of the main varieties in use by industrial distillers in the UK, and that the malting regime itself presents the major factors influencing the success of the malting process, future work might confirm this null hypothesis: that malting barley genotype does impact on these conclusions made here. In Scotland, the short and variable growing season can prevent spring sown barley from meeting the strict specifications that define malting quality barley grain. The results presented here indicate that barley grain with a low nitrogen concentration can produce malt of an acceptable quality for spirit production and, therefore, could be used to extend the acceptable range of barley nitrogen concentration. An important message from this study is that a higher nitrogen concentration in barley does not strictly equate to high enzyme production as, whilst all enzymes are proteins, not all proteins are enzymes. This study supports this theory as the low protein concentration barley produced malt with a very high  $\alpha$ -amylase compared to the control malt. Furthermore, as lower nitrogen facilitates modification the malting process can be expedited, saving time, malting losses and energy (10). The study also showed that inorganic nitrogen fertiliser applications could be lowered to help reduce the environmental impacts of excessive inorganic nitrogen usage for spring barley production – assuming conventional yields can be preserved. Alternatively, the economic loss and/or environmental benefits accrued by avoiding excessive nitrogen-fertiliser use may be remunerated somehow and distributed fairly among the responsible corporate supply-chain actors (37). Equally, it may also be that any reduction in yield and quality due to low inorganic fertiliser nitrogen use can be overcome with the development of new barley cultivars which are better suited to low-input agricultural systems.

## Acknowledgments

This research was supported by funding from: a joint PhD studentship between Abertay University and The James Hutton Institute. Work at The James Hutton Institute is supported by the 'Rural and Environmental Science and Analytical Services' (RESAS) Division of the Scottish Government. PPMI and PJW were also supported by the European Commission Horizon 2020 Research and Innovation Action Programme via the project, '*Transition paths to sustainable legume-based systems in Europe*' (TRUE, [www.true-project.eu](http://www.true-project.eu), 2017-21), under Grant Agreement Number 727973. We also thank Bairds Malt (Arbroath, UK) for performing the malting trials on the low nitrogen barley samples.

## Declaration of interest

The authors declare there are no conflicts of interest.

## References

1. Jones DB. 1931. Factors for converting percentages of nitrogen in foods and feeds into percentages of proteins. USDA Circular No. 183:1-22.
2. MAGB – The Maltsters' Association of Great Britain. 2018. Barley requirements. <http://www.ukmalt.com/barley-requirements> (last accessed November 2019).
3. Agu RC, Palmer GH. 2003. Pattern of nitrogen distribution in barley grains grown in the field. *J Inst Brew* 109:110-113. <https://doi.org/10.1002/j.2050-0416.2003.tb00138.x>
4. Edney MJ, O'Donovan JT, Turkington TK, Clayton GW, McKenzie R, Juskiw P, Lafond GP, Brandt S, Grant CA, Harker KN, Johnson E, May W. 2012. Effects of seeding rate, nitrogen rate and cultivar on barley malt quality. *J Sci Food Agric* 9:2672-2678. <https://doi.org/10.1002/jsfa.5687>
5. Potterton EM, McCabe T. 2018. The effect of sowing date and nitrogen rate on the grain yield, grain quality and malt analyses of spring malting barley for distilling in Ireland. *J Agric Sci* 156:515-527. <https://doi.org/10.1017/S002185961800059X>
6. Hammond J. 2000. Yeast growth and nutrition, p 77-85. In Smart K (ed), *Brewing yeast fermentation performance*, 1 ed., Blackwell Scientific, Oxford, UK.
7. Gibson TS, Solah V, Holmes MRG, Taylor HR. 1995. Diastatic power in malted barley – contributions of malt parameter to its development and the potential of barley grains beta amylase to predict malt diastatic power. *J Inst Brew* 101:277-280.
8. Evans DE, Fox GP. 2017. Comparison of diastatic power enzyme release and persistence during modified institute of brewing 65°C and congress programmed mashes. *J Am Soc Brew Chem* 75:302-311. <https://doi.org/10.1094/ASBCJ-2017-4707-01>
9. Bamforth CW. 2006. The components of barley and their degradation during malting and mashing, p 45-57. In *Scientific Principles of Malting and Brewing*, 1 ed., American Society of Brewing Chemists, Minnesota, USA.
10. Agu RC, Palmer GH. 2001. The effect of nitrogen level on the performance of malting barley varieties during germination. *J Inst Brew* 107:93–98. <https://doi.org/10.1002/j.2050-0416.2001.tb00081.x>
11. Agu RC. 2003. Some relationships between malted barleys of different nitrogen levels and the wort properties. *J Inst Brew* 109:106-109. <https://doi.org/10.1002/j.2050-0416.2003.tb00137.x>
12. Agu RC, Palmer GH. 1998. Some relationships between the protein nitrogen of barley and the production of amylolytic enzymes during malting. *J Inst Brew* 104:273–276. <https://doi.org/10.1002/j.2050-0416.1998.tb01000.x>
13. Agu RC. 2007. Some links between total nitrogen, beta-glucan, and steeliness in relation to barley and malt quality. *MBAA TQ* 44:32-39. <https://doi.org/10.1094/TQ-44-1-0032>
14. EBC (European Brewing Convention). 2011. *Analytica EBC. BrewUp, Brewers of Europe*, Brussels, Belgium.
15. Wei K, Dai F, Wu F, Zhang G. 2009. The variation of  $\beta$ -amylase activity and protein fractions in barley grains as affected by genotypes and post-anthesis temperatures. *J Inst Brew* 115:208–213. <https://doi.org/10.1002/j.2050-0416.2009.tb00370.x>
16. Qi J-C, Zhang G-P, Zhou M-X. 2006. Protein and hordein content in barley seeds as affected by nitrogen level and their relationship to *beta*-amylase activity. *J Inst Brew* 43:102-107. <https://doi.org/10.1016/j.jcs.2005.08.005>

17. Broadbent RE, Palmer GH. 2001. Relationship between  $\beta$ -amylase activity, steeliness, mealiness, nitrogen content and the nitrogen fractions of the barley grain. *J Inst Brew* 107:349-354. <https://doi.org/10.1002/j.2050-0416.2001.tb00103.x>
18. Agu RC, Palmer GH. 1997.  $\alpha$ -Glucosidase activity of sorghum and barley malts. *J Inst Brew* 103:25-29. <https://doi.org/10.1002/j.2050-0416.1997.tb00933.x>
19. Agu RC, Bringhurst TA, Brosnan JM, Pearson S. 2009. Potential of hull-less barley malt for use in malt and grain whisky production. *J Inst Brew* 115:128-133. <https://doi.org/10.1002/j.2050-0416.2009.tb00357.x>
20. Bringhurst TA, Brosnan J. 2003. Scotch whisky: raw material selection and processing, p 49-122. In Russell I, Stewart G (ed), *Whisky Technology, Production and marketing*, 2 ed., Academic Press, Oxford, UK.
21. Griffin SR. 1970. Fermentation of synthetic media containing glucose and maltose by brewer's yeast. *J Inst Brew* 76:45-47. <https://doi.org/10.1002/j.2050-0416.1970.tb03258.x>
22. Lovegren T, Hautren P. 1977. Transport and utilisation of maltose by *Saccharomyces cerevisiae*. *Brew Dig* 52:43-47.
23. Meilgaard MC. 1976. Wort composition with special reference to the use of adjuncts. *Tech Q. Masters Brew. Assoc. Am.* 13:78-90.
24. Agu RC. 2006. Fermentation studies of wort made using malt and different adjuncts – rice and maltose syrup. *Tech Q. Masters Brew. Assoc. Am.* 43:277-280.
25. Agu RC, Palmer GH. 1999. Comparative development of soluble nitrogen in the malts of barley and sorghum. *Process Biochem* 35:497-502. [https://doi.org/10.1016/S0032-9592\(99\)00092-8](https://doi.org/10.1016/S0032-9592(99)00092-8)
26. Bryce JH, Goodfellow V, Agu RC, Brosnan, JM, Bringhurst TA, Jack FR. 2010. Effect of different steeping conditions on endosperm modification and quality of distilling malt. *J Inst Brew* 116:125-133. <https://doi.org/10.1002/j.2050-0416.2010.tb00408.x>
27. Palmer GH, Agu RC. 1999. Effect of mashing temperatures and endo- $\beta$ -glucanase on  $\beta$ -glucan content of malt worts. *J Inst Brew* 105:233-235. <https://doi.org/10.1002/j.2050-0416.1999.tb00024.x>
28. Jin Y-L, Speers RA, Paulson AT, Stewart RJ. 2004. Barley  $\beta$ -glucans and their degradation during malting and brewing. *MBAA TQ.* 41:231-240. <https://doi.org/10.3390/fermentation6010021>
29. Lienhardt T, Black K, Saget S, Porto Costa M, Chadwick D, Rees RM, Williams M, Spillane C, Iannetta PM, Walker G, Styles D. 2019. Just the tonic! Legume biorefining for alcohol has the potential to reduce Europe's protein deficit and mitigate climate change. *Env Int* 130:article 104870. <https://doi.org/10.1016/j.envint.2019.05.064>
30. DIAGEO. 2017. Sharing our footprint with consumers. <https://www.diageo.com/en/news-and-media/features/sharing-our-footprint-with-consumers> (last accessed November 2019).
31. Scottish Government. 2018. Economic report on Scottish agriculture 2018 edition. <https://www2.gov.scot/Topics/Statistics/Browse/Agriculture-Fisheries/PubEconomicReport/ERSA2018> (last accessed November 2019).
32. DEFRA (Department for Environment Food and Rural Affairs). 2018. The British survey of fertiliser practice – fertiliser use on farm crops for crop year 2018. [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/806643/fertiliseruse-report2018-06jun19.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/806643/fertiliseruse-report2018-06jun19.pdf) (last accessed November 2019).

- 1 33. Fertilizers Europe. 2014. Carbon footprint reference values. Energy efficiency and  
2 greenhouse gas emission in European mineral fertilizer production and use.  
3 [http://www.fertilizerseurope.com/fileadmin/user\\_upload/publications/agriculture\\_](http://www.fertilizerseurope.com/fileadmin/user_upload/publications/agriculture_)  
4 [publications/carbon\\_footprint\\_web\\_V4.pdf](http://www.fertilizerseurope.com/fileadmin/user_upload/publications/agriculture_) (last accessed November 2018).
- 5 34. ADHB (Agriculture and Horticulture Development Board). 2019. GB fertiliser price  
6 market update, September 2019. <https://ahdb.org.uk/GB-fertiliser-prices> (last  
7 accessed November 2019).
- 8 35. Iannetta PP, Young M, Bachinger J, Bergkvist G, Doltra J, Lopez-Bellido RJ, Monti M,  
9 Pappa VA, Reckling M, Topp CF, Walker RL. 2016. A comparative nitrogen balance and  
10 productivity analysis of legume and non-legume supported cropping systems: the  
11 potential role of biological nitrogen fixation. *Front Plant Sci.* 7:article 1700.  
12 <https://doi.org/10.3389/fpls.2016.01700>
- 13 36. Good AG, Beatty PH. 2011. Fertilizing nature: a tragedy of excess in the  
14 commons. *PLoS Biol.* 9: article e1001124.  
15 <https://doi.org/10.1371/journal.pbio.1001124>.
- 16 37. Helm D. 2019. Green and prosperous land: a blueprint for rescuing the British  
17 countryside. William Collins, Glasgow, UK.
- 18 38. Scotch Whisky Association. 2019. Scotch whisky cereals technical note, 4th edition.  
19 <https://www.scotch-whisky.org.uk/media/1663/cereals-technical-note-4th-edition->  
20 [final-300819.pdf](https://www.scotch-whisky.org.uk/media/1663/cereals-technical-note-4th-edition-) (last accessed April 2020).
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30
- 31
- 32
- 33
- 34
- 35
- 36
- 37
- 38
- 39
- 40
- 41
- 42
- 43
- 44
- 45
- 46
- 47
- 48
- 49
- 50
- 51
- 52
- 53
- 54
- 55
- 56
- 57
- 58
- 59
- 60
- 61
- 62
- 63
- 64
- 65

**Appendix 1 - Supplementary Data – Script for data analysis of gas production data collected by the ANKOM RF Gas Production System with JMP**

```

1
2
3
4 dt = Current Data Table();
5 obj = Neural(
6     Y( :Name( "MW 1g/L" ) ),
7     X( :Time ),
8     Informative Missing( 0 ),
9     Validation Method( "Holdback", 0.3333 ),
10    Fit( NTanH( 15 ) )
11 );
12 obj << (Fit[1] << Save Profile Formulas);
13 Rsquare = Report( obj )[Number Col Box( 2 )][1];
14 New Column( "Rsquare", Numeric, "Continuous", Format( "Fixed Dec", 12, 7 ) );
15 For( x = 1, x <= N Rows( dt ), x++,
16     dt:Rsquare[x] = Rsquare
17 );
18 obj << close window;
19 Column( dt, 3 ) << set name( "Predicted" );
20 New Column( "First Derivative",
21     Numeric,
22     "Continuous",
23     Format( "Fixed Dec", 12, 2 ),
24     Formula( Eval( Derivative( Eval( :Predicted << get formula ), :Time ) ) )
25 );
26 New Column( "y",
27     Numeric,
28     "Continuous",
29     Format( "Fixed Dec", 12, 2 ),
30     Formula(
31         Col Maximum(
32             If( :First Derivative == Col Maximum( :First Derivative ),
33                 :Name( "MW 1g/L" ),
34                 Empty()
35             )
36         )
37     )
38 );
39 );
40 New Column( "b",
41     Numeric,
42     "Continuous",
43     Format( "Fixed Dec", 12, 2 ),
44     Formula(
45         Col Maximum(
46             If( :First Derivative == Col Maximum( :First Derivative ),
47                 :y - :First Derivative * :Time,
48                 Empty()
49             )
50         )
51     )
52 );
53 New Column( "Lag (h)",
54     Numeric,
55     "Continuous",
56     Format( "Fixed Dec", 12, 1 ),
57     Formula( -:b / Col Maximum( :First Derivative ) )
58 );
59 New Column( "Vmax (mbar/h)",
60     Numeric,
61
62
63
64
65

```

```

1      "Continuous",
2      Format( "Fixed Dec", 12, 2 ),
3      Formula(
4          Col Maximum(
5              If( :First Derivative == Col Maximum( :First Derivative ),
6                  :First Derivative,
7                  Empty()
8              )
9          ),
10     Set Selected
11 );
12 New Column( "TC (h)",
13     Numeric,
14     "Continuous",
15     Format( "Fixed Dec", 12, 2 ),
16     Formula( Col Minimum( If( :First Derivative < 20 & :Time > 20, :Time ) ) ),
17     Set Property(
18         "Response Limits",
19         {Goal( Maximize ), Importance( 1 ), Show Limits( 0 )}
20     )
21 );
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

```

**Table 1:** Functional attributes of low nitrogen-concentration malt compared to a typical commercial distilling malted barley specification (<sup>a</sup>20, <sup>b</sup>39, <sup>c</sup>28). Means and standard deviation shown. T-test conducted using the typical malt specification limit or, where a range is given, the midpoint. Statistical significance levels set as: NS, non-significant p>0.05, \* p<0.05, \*\* p<0.01, \*\*\* p<0.001.

Malt quality indicators*	Low Nitrogen Malt		Typical Malt Specification	Statistical Significance
	Mean	SD		
Total Nitrogen (% dry weight basis)	1.01	0.08	< 1.5 <sup>a, b</sup>	*
Dextrinising Units	58.00	4.36	> 45 <sup>a</sup>	*
Diastatic Power (°Lintner, "as is")	56.67	1.15	65-75 <sup>a</sup>	**
Predicted Spirit Yield (Litres of alcohol (LA)/tonne, 0.7 mm, "as is")	419.00	2.00	410.00 <sup>b</sup>	*
Friability (%)	98.33	0.58	> 96.00 <sup>a</sup>	*
Homogeneity (%)	99.33	0.58	> 98.00 <sup>a</sup>	NS
Whole Corns	0.40	0.20	Not specified	-
Soluble Nitrogen Ratio	49.10	2.43	< 40 <sup>a</sup>	*
Extract (% 0.7 mm, "as is")	81.27	0.31	> 78 <sup>a</sup>	**
Fermentable Extract (% 0.7 mm)	69.17	0.35	> 68 <sup>a</sup>	*
Fermentability (% 0.7 mm)	85.13	0.21	87-88 <sup>a</sup>	**
Free Amino Nitrogen (mg/L)	115.67	2.08	150-180 <sup>a</sup>	**
β-glucan (mg/L)	64.33	6.35	100-300 <sup>c</sup>	**

**Table 2:** Composition of low nitrogen malt (1.01 % nitrogen) compared to distilling malt (1.37 % nitrogen) in a) wort prior to fermentation and b) wash post fermentation. Mean results and standard deviation shown. Analysis of variance conducted with statistical significance levels set as: NS, non-significant  $p > 0.05$ , \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

a)

	Low Nitrogen Malt (g/L)		Commercial Malt (g/L)		Statistical Significance
	Mean	SD	Mean	SD	
Maltotriose	15.08	0.402	12.27	0.208	***
Maltose	50.25	0.917	49.45	0.534	NS
Glucose	8.68	0.144	6.43	0.120	***
<i>Total Sugars</i>	74.01	1.33	67.875	0.797	***
Glycerol	0	-	0	-	-
Ethanol	0	-	0	-	-

b)

	Low Nitrogen Malt (g/L)		Commercial Malt (g/L)		Statistical Significance
	Mean	SD	Mean	SD	
Maltotriose	1.83	0.214	1.04	0.027	***
Maltose	0	-	0	-	-
Glucose	0	-	0	-	-
Glycerol	1.77	0.028	1.62	0.008	***
Ethanol	45.50	0.918	43.84	1.441	NS

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65



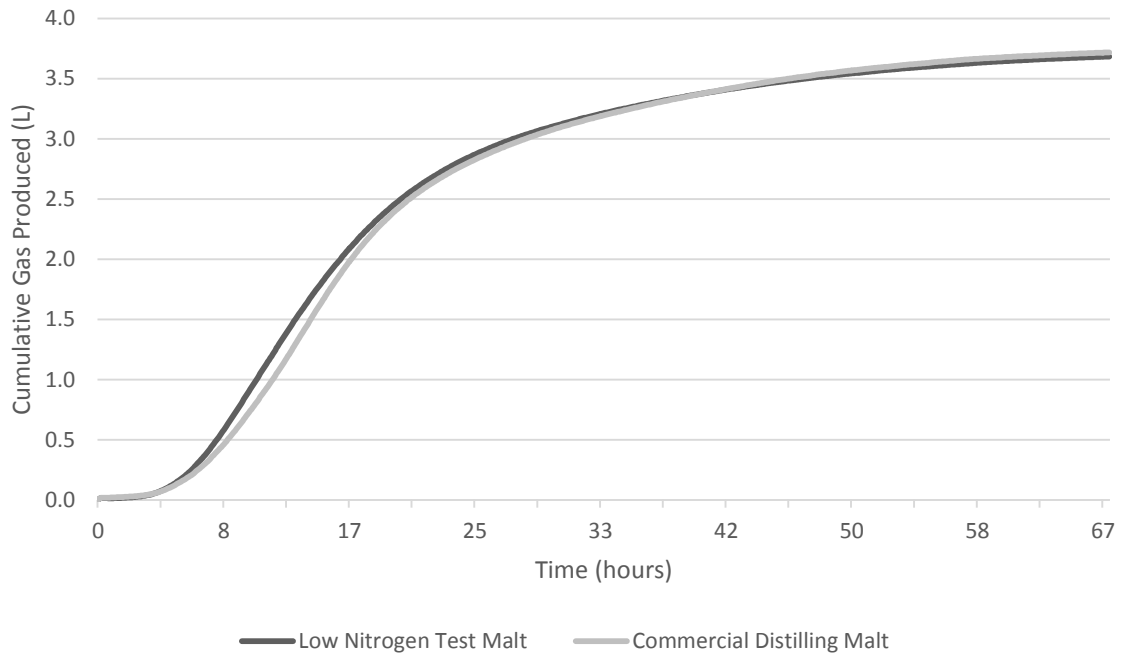
**Table 3:** Maximum gas production (Vmax, mL/h) during fermentation and the initiation and termination of the exponential gas production phase. Analysis of variance conducted with statistical significance levels set as: NS, non-significant  $p > 0.05$ , \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

		Low Nitrogen Malt		Commercial Malt		Statistical Significance
		Mean	SD	Mean	SD	
Exponential Phase (h)	Start	5.5	0.19	6.7	0.10	***
	End	41.91	3.40	44.42	1.04	NS
Max gas production (Vmax, mL/h)		200.1	11.4	203.8	5.41	NS

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65

**Table 4:** Suspended yeast cell counts and viability after 67 h fermentation of low nitrogen-concentration malt (1.01 % nitrogen) compared to distilling malt (1.37 % nitrogen). Mean results and standard deviation shown. Analysis of variance conducted with statistical significance levels set as – NS, non-significant  $p > 0.05$ , \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

	Low Nitrogen Malt		Commercial Distilling Malt		Statistical Significance
	Mean	SD	Mean	SD	
Cells/mL	$8.6 \times 10^6$	$8.0 \times 10^5$	$8.4 \times 10^6$	$1.3 \times 10^5$	NS
Viability (%)	70.9	2.9	67.1	2.5	NS



**Figure 1:** Fermentation gas production (CO<sub>2</sub>) in L as an indicator of fermentation rate.

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65