

1 *Please reference the published article and not this draft.*

2

3

4 A.J. SPIERS (2014). Getting Wrinkly Spreaders to demonstrate evolution in  
5 schools. *Trends in Microbiology*, 22:301-303.

6

FINAL DRAFT

8

9 **Getting Wrinkly Spreaders to demonstrate evolution in schools**

10 Andrew J. Spiers

11

12 SIMBIOS Centre & School of Science, Engineering and Technology, Abertay  
13 University, Bell Street, Dundee, DD1 1HG, UK

14

15 *Corresponding author:* Spiers, A.J. (a.spiers@abertay.ac.uk)

16 *Keywords:* Education; Experimental evolution; Microbiology; Microcosms.

17

18 ABSTRACT (49/50 words)

19 Understanding evolution is crucial to modern biology, but most teachers would  
20 assume that practical demonstrations of evolution in school laboratories are  
21 unfeasible. But perhaps they haven't heard of 'evolution in a test-tube' and how  
22 Wrinkly Spreaders can form the basis for both practical demonstrations of  
23 bacterial evolution and further work.

24

25 MAIN TEXT (1,306 / 1,200 words)

26 In the absence of a good fossil collection or a nearby natural history museum,  
27 the teaching of evolution in schools is largely an exercise in which experimental  
28 laboratory-based work is unfeasible (as generally it would be expected to  
29 greatly exceed normal school hours). Nonetheless, providing students with a  
30 strong understanding of evolution and its broader relevance is essential for the  
31 development of a well-rounded biological education. Indeed, the importance of

32 evolutionary theory was famously presented by Theodosius Dobzhansky in  
33 1964 as “nothing makes sense in biology except in the light of evolution” [1]  
34 (see also [2, 3]). Furthermore, demonstrations of the reality of evolution are also  
35 required to combat the insidious penetration of science education by religious  
36 fundamentalists and the proponents of intelligent design (e.g. the Dover Panda  
37 trial in the USA [4]).

38 Recent attempts to introduce evolution in science classes have focussed on  
39 developing ‘thought-provoking’ discussion-based exercises (e.g. [5]) for dulled  
40 students who would rather watch David Attenborough interact with extinct  
41 animals in CGI-augmented natural history programmes (or more probably the  
42 other Attenborough in ‘Jurassic Park’). However, I advocate the use of more  
43 exciting bacterial microcosms, and in particular the Wrinkly Spreaders, as  
44 means of investigating evolution in secondary schools through practical  
45 demonstrations involving basic microbiological techniques. We first presented  
46 this as ‘Evolution in a Test-tube : The Rise of the Wrinkly Spreaders’ in [6] and it  
47 should probably be accompanied by a very slow progression of minor chords  
48 ending with an unresolved diminished 7<sup>th</sup> (this is a more sophisticated version of  
49 leaving out a coffee cup until it develops a surface biofilm, but without the  
50 attendant health and safety constraints).

51 Simple artificial environments or microcosms have long been used to  
52 investigate aspects of microbial ecology, originating from the early work of  
53 Sergei Winogradsky and others in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries  
54 (reviewed in [7]). More recently they have been used for experimental evolution  
55 studies, where the rapid growth of bacteria, large population sizes, and the  
56 ease of isolating mutants and storing strains indefinitely at -80°C makes them  
57 ideal for investigating various evolutionary processes (reviewed in [8, 9, 10]). In  
58 particular, adaptive radiation can be readily demonstrated by quantifying  
59 diversification (radiation) by the appearance of mutants in growing populations  
60 and determining fitness of mutants compared to the ancestral strain  
61 (adaptation).

62 In the peculiar case of *Pseudomonas fluorescens* SBW25, a non-pathogenic  
63 environmental bacterium, radiation in static liquid microcosms results in the rise

64 of a class of adaptive mutants known as the Wrinkly Spreaders (first described  
65 by Paul Rainey and Michael Travisano [11] and recently reviewed in [12]).  
66 Whilst I happily acknowledge the work of others who have investigated bacterial  
67 evolution using different systems (e.g. the long-term *Escherichia coli*  
68 experiments initiated by Richard Lenski, see [13]), none have produced  
69 adaptive mutants as spectacular as the Wrinkly Spreader in so little time:  
70 typically they appear within three days in static microcosms and may represent  
71 ~30% of the population by the fifth day [6].

72 The Wrinkly Spreaders are readily distinguished from the ancestral *Pf.* SBW25  
73 by virtue of their wrinkled colony morphology on agar plates and an altered  
74 ecological preference as demonstrated by the formation of a robust biofilm at  
75 the air-liquid interface (see Figure 1). In static microcosms, the fitness ( $W$ )  
76 advantage of the Wrinkly Spreader is ~2.5 greater than the non-biofilm-forming  
77 ancestral *Pf.* SBW25, though in shaken microcosms where biofilms cannot  
78 form, the Wrinkly Spreader has no fitness advantage ( $W \sim 1$ ) [6]. The value of  
79 producing a biofilm is that it allows bacteria to intercept  $O_2$  diffusing into the  
80 liquid column from the air above, with those in the highly-oxygenated, < 200  $\mu m$   
81 top layer growing faster than that possible lower down where  $O_2$  levels are  $\leq$   
82 0.05% of that found at the surface [14]. Remarkably, it is the early ancestral  
83 colonists that establish the  $O_2$  gradient that then provides the selective pressure  
84 and ecological reward that drives the evolution of the Wrinkly Spreader in this  
85 simple environment [14].

86 Substantial research has been published investigating the underlying molecular  
87 biology of the Wrinkly Spreader, providing a satisfying mechanistic explanation  
88 linking mutation, ecological preference and fitness (for an introduction to this  
89 subject and links to the primary literature, see the review by [12]). In the  
90 archetypal Wrinkly Spreader, a single DNA base change (A  $\rightarrow$  T) results in an  
91 alteration of an amino acid (Ser  $\rightarrow$  Arg) in the methyltransferase (WspF) subunit of  
92 the Wsp complex. This and similar chemosensory complexes receive  
93 environmental signals and allow the bacteria to respond to changing conditions  
94 by modulating the levels of cyclic-di-GMP, an internal second messenger that  
95 plays a central role in the regulation of motility, virulence and biofilm formation

96 in many bacteria through a complex signalling network integrating  
97 environmental signals and controlling riboswitches, transcription factors and  
98 enzyme activities. In *Pf. SBW25*, the mutation in WspF results in increased  
99 levels of cyclic-di-GMP, leading to the over-expression of cellulose and an  
100 attachment factor essential for the Wrinkly Spreader phenotype, whilst  
101 differences in wrinkleality between individual Wrinkly Spreaders is probably due  
102 to differences in the underlying mutations that increase cyclic-di-GMP levels.

103 I recognise a tendency for those who are not biochemists or molecular  
104 biologists to skip paragraphs such as the preceding one, but the value of this  
105 mechanistic explanation is that it provides extensions into molecular biology,  
106 ecology, experimental design and statistics for further discussion and project  
107 work (see Figure 2). Although the 'evolution in a test-tube' experiments are  
108 quantitative and can be rigorously tested with statistics, this type of work has a  
109 very obvious visual component, allowing a more qualitative approach based on  
110 observations and photography to be taken where appropriate. It is even  
111 possible to link the rise of the Wrinkly Spreaders with famous literature, as the  
112 Red Queen (a character in Lewis Carroll's 'Through the Looking-Glass') is also  
113 an evolutionary hypothesis which proposes that organisms must constantly  
114 evolve to survive when pitted against ever-evolving competitors in an ever-  
115 changing environment. I hesitate to purloin Dobzhansky, but things may make  
116 more sense (or fun) in biology when illustrated by Wrinkly Spreaders.

117 Just as the ancestral *Pf. SBW25* made the adaptive leap in static microcosms to  
118 the Wrinkly Spreader, teachers also need to make some effort to bring this  
119 research into secondary schools in order to demonstrate evolution. In a recent  
120 survey of UK teachers, equipment access and confidence in techniques were  
121 found to be significant limitations in using practical microbiology in schools [15].  
122 However, 'evolution in a test tube' does not depend on expensive equipment or  
123 complex techniques: it requires an initial inoculum of *Pf. SBW25* which is  
124 available on request, basic equipment to produce sterile media and for  
125 incubation, and skills including sterile technique, serial dilutions and plating-out  
126 (as described in [6]), and would be suitable for Scottish Highers or English A or  
127 AS-level students (i.e. the last two years of secondary school). We also use

128 Wrinkly Spreaders in BSc undergraduate laboratories as a means to acquire  
129 laboratory confidence and basic skills, to generate and analyse replicate data,  
130 and to provide a narrative linking mutation, phenotype and fitness (in these  
131 students are expected to access and comment on the primary research  
132 literature in their final reports).

133 Like many other researchers involved with STEMNET (see Box 1), I am willing  
134 to support teachers with practical help and expert advice. Collectively, we need  
135 to make sure that the biologists of the future will have a solid understanding of  
136 evolution. Like many science disciplines, it is not always easy to provide  
137 practical demonstrations or research-based projects for students, but in this  
138 instance, it seems that by bringing Wrinkly Spreaders into schools, our students  
139 of today can be involved directly in experimental evolution and further enthused  
140 by the subject. Who knows, but in a future dominated by synthetic biology and  
141 biotechnology, some of these might produce Super Wrinkly Spreaders or  
142 indeed, something really quite useful.

143

#### 144 ACKNOWLEDGEMENTS

145 This article was written with support from the SIMBIOS Centre at Abertay  
146 University. A. Spiers is also member of the Scottish Alliance for Geoscience  
147 Environment and Society (SAGES).

148

#### 149 REFERENCES

- 150 1 Dobzhansky, D. (1964) Biology, molecular and organismic. *Amer. Zoologist*  
151 4, 443–452
- 152 2 Griffiths, P.E. (2009) In what sense does ‘nothing make sense except in the  
153 light of evolution’? *Acta Biotheoretica* 57, 11–32
- 154 3 Losos, J.B. *et al.* (2013) Evolutionary biology for the 21<sup>st</sup> century. *PLoS Biol.*  
155 11, e1001466

- 156 4 DeFattore, J. (2007) Speaking of evolution: the historical context of  
157 Kitzmiller v. Dover Area School District. *Rutgers J. Law Religion* 9.1, 1–81
- 158 5 Kalinowski, S.T. *et al.* (2013) Six classroom exercises to teach natural  
159 selection to undergraduate biology students. *Life Sc. Educ.* 12, 483–493
- 160 6 Green, J.H. *et al.* (2011) Evolution in a Test-tube : Rise of the Wrinkly  
161 Spreaders. *J. Biol. Educ.* 45, 54–59
- 162 7 Moshynets, O. *et al.* (2013) From Winogradsky's column to contemporary  
163 research using bacterial microcosms. In *Microcosms: Ecology, Biological*  
164 *Implications and Environmental Impact* (Harris, C.H. ed), Nova Publishers
- 165 8 Buckling, A. *et al.* (2009) The Beagle in a bottle. *Nature* 457, 824–829
- 166 9 Spiers, A.J. (2013) Bacterial evolution in simple microcosms. In  
167 *Microcosms: Ecology, Biological Implications and Environmental Impact*  
168 (Harris, C.H. ed), Nova Publishers
- 169 10 van Ditmarsch, D. and Xavier, J.B. (2014) Seeing is believing: what  
170 experiments with microbes reveal about evolution. *Trends Microbiol.* 22, 2–  
171 4
- 172 11 Rainey, P.B. and Travisano, M. (1998) Adaptive radiation in a  
173 heterogeneous environment. *Nature* 394, 69–72
- 174 12 Spiers, A.J. (2014) A mechanistic explanation linking adaptive mutation,  
175 niche change and fitness advantage for the Wrinkly Spreader. *Int. J.*  
176 *Evolutionary Biol.* 2014: Article ID 675432
- 177 13 Barrick, J.E. and Lenski, R.E. (2013) Genome dynamics during  
178 experimental evolution. *Nature Rev. Genet.* 14, 827–839
- 179 14 Koza, A. *et al.* (2011) Environmental modification and niche construction:  
180 Developing O<sub>2</sub> gradients drive the evolution of the Wrinkly Spreader. *ISME*  
181 *J.* 5, 665–673

182 15 Redfern, J. *et al.* (2013) Practical microbiology in schools: a survey of UK  
183 teachers. *Trends Microbiol.* 21, 557–559

184

## 185 **Figures**

186 **Figure 1.** Adaptive radiation of *Pseudomonas fluorescens* SBW25 populations  
187 in experimental static microcosms gives rise to the Wrinkly Spreader. **(A)**  
188 Wrinkly Spreader colonies (with an irregular circumference) are easily  
189 distinguished on agar plates from ancestral *Pf.* SBW25 which produces smooth  
190 rounded colonies. **(B)** Ancestral *Pf.* SBW25 colonises the liquid column of static  
191 microcosms (left) while the Wrinkly Spreader (right) produces a biofilm at the  
192 air-liquid interface, demonstrating an altered niche-preference. **(C)** Cellulose  
193 fibres form the matrix of the Wrinkly Spreader biofilm and can be visualised by  
194 fluorescent microscopy (at this low magnification individual bacteria are not  
195 detectable).

196

197 **Figure 2.** Running an ‘evolution in a test-tube’ laboratory session in schools will  
198 allow many further extensions into evolution and ecology, molecular biology,  
199 experimental design, science communication and awareness.

200

### 201 **Box 1.** The STEM Network in the UK

- 202 • STEMNET (the Science, Technology, Engineering and Mathematics  
203 Network) creates opportunities to inspire young people in STEM.
- 204 • Works with schools, colleges and STEM employers, to enable young  
205 people of all backgrounds and abilities to meet inspiring role models,  
206 understand real world applications of STEM subjects and experience  
207 hands-on STEM activities that motivate, inspire and bring learning and  
208 career opportunities to life.
- 209 • STEMNET delivers three core national programmes, including STEM  
210 Ambassadors who volunteer their time and support to promote STEM



- 211 subjects to young learners in a vast range of original, creative, practical  
212 and engaging ways, STEM Clubs to boost enjoyment and learning  
213 across STEM outside of the classroom, and the Schools STEM Advisory  
214 Network.
- 215 • Visit [www.stemnet.org.uk](http://www.stemnet.org.uk) to find your UK Regional Contact.

FINAL DRAFT